

First Aid and Medication Newsletter for Caldecott Schools

DFE Guidance Only for illness

How long should you keep your child off school?

Keep my child off = Yes if!

Chickenpox- at least 5 days from the onset of the rash and until all blisters have crusted over.

Diarrhoea and Vomiting 48 hours after their last episode.

Cold and flu-like illness (including COVID-19) they no longer have a high temperature and feel well enough to attend. Follow the national guidance if they've tested positive for COVID-19

Impetigo until their sores have crusted and healed, or 48 hours after they started antibiotics.

Measles until 4 days after the rash first appeared.

Mumps until 5 days after the swelling started.

Scabies until they've had their first treatment.

Scarlet fever until 24 hours after they started taking antibiotics.

Whooping cough until 48 hours after they started taking antibiotics.

Keep my child off = No

But make sure you let the school know about

Hand, foot, and mouth

Glandular fever

Head lice

Tonsillitis

Threadworms

Slapped cheek.

Cold and flu-like illness (including COVID-19) they no longer have a high temperature and feel well enough to attend. Follow the national guidance if they've tested positive for COVID-19

FIRST AIDERS / MEDICATION TRAINED STAFF.

One of the aims for first aid and medication administration, for staff, for the remainder of this academic year is to ensure that at both Primary and secondary school any teaching assistants not already trained, are first Aid & medication trained. This will enable us to always care for the students' medical requirements on or off the school site.

fun day out

FIRST AID FACTS

During a nosebleed pinch the nose and LEAN forward not back!

In a poll 91% of school students would like to learn first aid.

Measles

Is a highly infectious disease IF UNVACCINATED

Symptoms include Fever, above 38degrees, sore red eyes cough/runny nose/unwell/white spots in the mouth/rash starts on face/neck before spreading.

Spreads through coughing, sneezing and close personal contact.

Infectious 4 days before rash and 4 days after the onset.

On the increase

Completely safe & preventable with MMR vaccinations, CAN BE VACCINATED AT ANY AGE

Your heart beats 100,000 times a day








The 3 Ps of first aid are:

PRESERVE LIFE

PREVENT INJURY

PROMOTE RECOVERY

GUIDE TO FIRST AID

	D	DANGER CHECK FOR DANGER OR HAZARDS.
	R	RESPONSE GENTLY PLACE A HAND ON THEIR SHOULDER AND ASK LOUDLY IF THEY CAN HEAR YOU.
	S	SEND CALL FOR HELP IMMEDIATELY TO INITIATE THE RESCUE PROCESS.
	A	AIRWAY OPEN THE AIRWAY. TURN PERSON ON THEIR SIDE, OPEN THEIR MOUTH TO CHECK FOR ANY OBSTRUCTIONS.
	B	BREATHING OBSERVE THEIR CHEST AND LISTEN FOR BREATH SOUNDS.
	C	CPR IF UNRESPONSIVE, DO 30 COMPRESSIONS FOLLOWED BY TWO BREATHS. REPEAT THE CYCLE UNTIL HELP ARRIVES.
	D	DEFIBRILLATION IF YOU HAVE A DEFIBRILLATOR, USE TO RESTORE THE HEART'S NORMAL RHYTHM.

NHS for schools

It's fine to send your child to school with a minor cough or common cold. But if they have a fever (**38C or over**), keep them off school until the fever goes.

<https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/>